

WHAT YOUR DOCTOR NEVER TOLD YOU

Saturday, December 5, 2009

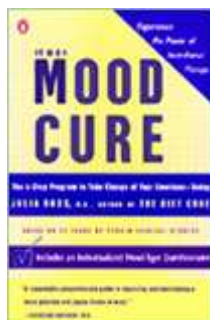
Hilton Scottsdale Resort
10 AM – 4 PM

Meet authors **Julia Ross** and **Dr. Mark Starr** in person.

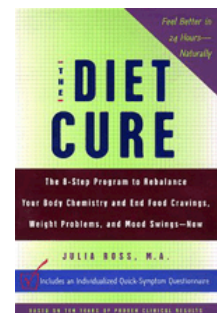
Ask questions.

They have the answers you've been looking for:

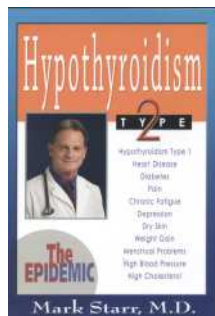
- ✓ Sugar cravings
- ✓ Depression and anxiety
- ✓ Overweight
- ✓ Insomnia
- ✓ Fatigue
- ✓ Hormone imbalances
- ✓ Chronic infections
- ✓ Joint, muscle pain
- ✓ Heart disease
- ✓ Arthritis



Julia Ross explains why depression, anxiety, and weight gain have tripled in the last ten years. And she has good news - we can feel better emotionally, without the use of sugar, caffeine, alcohol, or anti-depressants - and the even better news that we can begin to see the results in just *one* day. She explains why we crave sweets and starches and the simple nutrients your body needs to quickly re-balance your appetite and mood chemistry.



You've tried the diets, tried the drugs, but something is still wrong. There is something your body needs that your doctor hasn't told you about.



Dr. Mark Starr explains why nothing works right when you are low on thyroid hormone - and more than half of us are. Blood tests don't accurately measure the amount of thyroid we can actually use – it is like diabetes type two where you make enough insulin but can't use it. Why was simple desiccated thyroid the treatment of choice for arthritis, heart disease, and obesity for decades? Why do people swear by it still today? How does it create a robust immune system? Dr. Starr's groundbreaking book explains why the lack of this simple hormone has become epidemic, and how that is contributing to an epidemic of chronic disease.

For pre-registration, contact Dr. Starr's office:

480-607-6503

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Location: Hilton Scottsdale Resort
6333 N. Scottsdale Road, Scottsdale, AZ 85250
Southeast corner of Lincoln and Scottsdale, 480-948-7750

Time: 10 AM – 4 PM
\$50 entrance fee*

10 AM – 12:30

- Dr. Starr: How to prevent heart attacks, how to avoid diabetes and minimize it's complications, and how to recognize hypothyroidism
- Julia Ross: How deficiencies in your body's chemistry generate negative moods, food cravings, and addictions.
- Q&A

Lunch break

1:30 – 4:00

- Dr. Starr: The connection between our body's voltage and pain: headaches, arthritis, fibromyalgia, chronic fatigue
- Julia Ross: Effective nutritional treatment for depression, anxiety, compulsive eating, weight gain, insomnia
- Q&A

*Attendees will receive \$40 off their first appointment with Dr. Starr



Mark Starr, MD(H), is a medical doctor and homeopathic physician, Board Certified by the American Board of Pain Medicine. He is an international speaker on hypothyroidism. His clinic is in Paradise Valley, Arizona: www.21centurymed.com 480-607-6503

Having had to dig for answers to solve his own sports injuries, chronic pain, and hypothyroid issues, Dr. Starr makes an excellent advocate for those who want answers that really work. He is also an international advocate for the use of non-synthetic hormones. Dr. Starr believes that medicine should not be based primarily on chemistry. He combines the use of energetic medicine, including lasers and voltage, that help the body heal naturally.



Julia Ross, MA, is a pioneer in the field of nutritional psychology and a specialist in the treatment of eating disorders, mood problems and addictions. She has frequently appeared as an expert on radio and television. She is the Executive Director of The Recovery Systems Clinic in Mill Valley, California.

Ross started Northern California's first treatment programs for carbohydrate addiction after researching the link between biochemistry, emotions, and addiction. Her clinic has since created an internationally recognized model of treatment that combines innovative nutritional therapy and holistic medical care. This approach provides effective alternatives to antidepressants and quick elimination of food cravings and weight gain.